

## WHAT LEADING COUNSELORS DISCOVERED

# When Addie entered the counseling workflow

Three schools. Three different starting points. One shared result: more student context, less repetitive work, and more room for human counseling.



**Ari Worthman**  
Lakeside School



**Kelly Herrington**  
University Prep



**Joe Kinney**  
The Pingry School

## THE PATTERN ACROSS ALL THREE SCHOOLS

**What changed when counselors could hear more, prepare sooner, and draw from one connected student record.**

1

## Students reflect more deeply

Guided conversations replace or strengthen static forms, helping students explain not just what they did, but why it mattered.

2

## Counselors start prepared

Meeting briefs, student summaries, teacher evidence, and recommendation themes are available before the human work begins.

3

## Human counseling gets stronger

Less time collecting and sorting information creates more room for advising, interpretation, and relationship-building.

## IN THEIR OWN WORDS

**“It made some meetings feel a lot less rushed.”**

Ari Worthman

**“This actually makes us more human.”**

Kelly Herrington

**“I’m using it to help me really structure the letter.”**

Joe Kinney



LAKESIDE SCHOOL

## Replace the questionnaire. Deepen the meeting.



“

It didn't shorten our meetings or reduce our time with students. It shifted conversations toward different things we might not have talked about before - and made some meetings feel a lot less rushed.

Ari Worthman, Director of College Counseling

**132 of 140**

juniors completed the full Conversation Journey

**600+ hours**

of student context captured before meetings

**4.5+ hours**

average reflection per junior who completed the Journey

### MOST USEFUL ADDIE WORKFLOWS

Lakeside found the greatest value when Addie moved basic discovery before the meeting and made the accumulated context available everywhere else.

**1**

#### Guided student conversations

Ten themed voice, text, or web conversations replaced the junior questionnaire and followed up beyond credentials to understand meaning.

**2**

#### Meeting preparation

Counselors could review combined conversation summaries, teacher comments, grades, and notes before the student entered the room.

**3**

#### Recommendation support

Addie assembled themes, examples, and a draft modeled on Lakeside's format; Ari retained judgment, tone, and final authorship.

**4**

#### College and career exploration

The same Ledger supported college suggestions, career possibilities, recommender choices, and rapid student refreshers.

**“Addie is another thought partner. It's not replacing anything I would do.”**

Ari Worthman, Lakeside School



UNIVERSITY PREP

**Strengthen a familiar workflow.  
Launch in one week.**



“

We really led with: “This actually makes us more human.” It makes students more reflective and allows them to know themselves and be themselves.

Kelly Herrington · Director of College Counseling and Student Services

### 1 week

from setup to a working counselor workflow

### Existing workflow

the required senior inventory became the entry point

### Skeptic to advocate

within a week: “I can’t do my job now without this.”

#### MOST USEFUL ADDIE WORKFLOWS

**UPrep did not ask counselors or students to learn a brand-new program. It put an existing required workflow inside Addie, then made the resulting context useful across the office.**

#### 1 Find what might be overlooked

Kelly’s favorite prompt asked what was “secretly awesome” about a student, supported by direct teacher quotations and course references.

#### 2 Recommendation preparation

Memorable details, teacher evidence, and student voice became usable bullets and story material for counselor-authored recommendations.

#### 3 Essay-direction conversations

Addie surfaced possible ways to approach supplemental prompts using the student’s own words, then Kelly workshopped the ideas in person.

#### 4 Notes and continuity

Counselors summarized meetings and moved the notes into Scoir so colleagues could pick up the student story without starting over.

**UPrep’s proof: Addie can fit the tools and routines a school already uses - then make those routines more reflective, more connected, and more human.**



THE PINGRY SCHOOL

## Turn student reflection into a daily counselor workflow.



“

I'm not using it to write the letter. I'm using it to help me really structure the letter.

Joe Kinney, The Pingry School

AT LEAST 50% LESS PREP TIME

### STUDENT ENGAGEMENT AT PINGRY

Students created a large, reusable body of reflection before the counseling team began its highest-value work.



**295 hours**

of student reflection captured



**2+ hours**

per assigned student, on average



**1.06M words**

student-authored and available in the Ledger

795 conversations • 132 returned on multiple days • 64% passed halfway • 51% used voice

### MOST USEFUL ADDIE WORKFLOWS

Pingry did not create a separate AI program. It converted work the team already owned into richer student context and faster counselor action.

1

#### Senior autobiography, reimagined

Students could speak or type instead of relying only on a written form, creating richer material across communication styles.

2

#### Daily letter readiness

Amy checked Addie each morning to see which students had completed enough reflection for the team to begin a recommendation.

3

#### Recommendation structure

Joe used Addie to identify the opening, central story, evidence, quotations, and conclusion while retaining authorship.

4

#### One connected student record

Parent letters, conversations, staff reflections, counselor notes, and existing forms became one searchable Ledger alongside Scoir.

AC

“In the morning, one of the first places I go is Addie... ‘That means I can probably start her letter.’”

Amy Cooperman, Counselor, The Pingry School

See what Addie could unlock in your counseling workflow.

[getaddie.com](https://getaddie.com)